



Bishop Monkton CE Primary School

St John's Road
Bishop Monkton
Harrogate
HG3 3QW



Headteacher- Mrs Sally Cowling M.Ed NPQH
Tel/Fax 01765 677583

E Mail: admin@bishopmonkton.n-yorks.sch.uk

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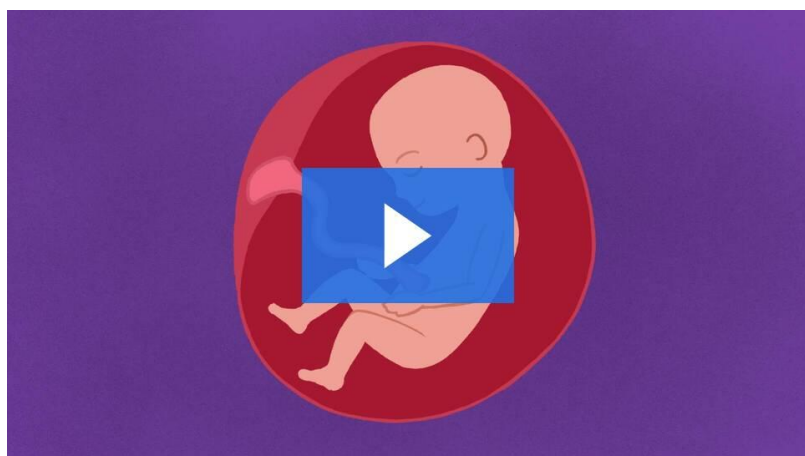
Dear Parents and Carers,

As part of the Statutory Sex and Relationships Education curriculum, we are delivering an information session on the issues surrounding puberty, sex and relationships to our year 5 and 6 pupils on Tuesday 17th March. These sessions form part of a programme of provision for year 5's and year 6's which focuses on our bodies, how they change during adolescence and how to look after ourselves as we grow up.

Mrs McMahon and Mrs Cowling will deliver the session for Year 5 and 6. The first part of the session will be spent watching video clips and then asking questions about and discussing things they have seen. The resource, which is recommended by North Yorkshire Council for use in all LA schools, can be found at: [Puberty - Busy Bodies](#)

We use this film when our children reach Year 5 and then repeat again in Year 6 as we find this helps to consolidate the pupils' learning and allows them to ask questions with increasing maturity. Our focus is on preparing the children for puberty; you may wish to show the children this clip at home.

We intend to show all the pupils (boys and girls) all of the clips together, with the exception of clip 5, 'Making Babies'. Instead, Year 6 will follow up their session by watching the clip below about pregnancy and birth the week beginning Wednesday 18th March. This will be delivered by Mrs McMahon whilst the year 5 children in Kites will be taught by Mrs Cowling.



[Year 6 RSE Lesson and Video – Pregnancy and birth - Kapow Primary](#)

Boys and girls are together for the clips as we feel this is important to reinforce their understanding of one another and understand how each other will grow and change. Using prompt cards, the boys will then have an opportunity to reflect and discuss these clips, separately with Mrs Cowling, whilst the girls will be given separate guidance by Mrs McMahon, with the practicalities of how their bodies will change.

We would strongly encourage all parents / carers to watch all the video clips in advance of the sessions to enable you to ask us any questions that may arise and fully understand the content of what is being delivered to your child.

In our delivery, we will focus on:

- The importance of being in a long term, loving relationship before entering into any type of sexual relationship.
- That changes to your body happen at different times; this is all completely normal.
- That if anything you experience is worrying, physically or emotionally, you should immediately speak to an adult you trust.

It is essential for all of our pupils to receive accurate information surrounding these issues in a familiar environment delivered by someone they know and trust. Children cannot be withdrawn from teaching on puberty but, as outlined in our school policy, parents have a right to withdraw their child from sex education. Should you feel strongly that you do not want your Year 6 child to participate in the lesson on Pregnancy and birth please speak directly to Mrs McMahon or Mrs Cowling.

Yours sincerely,

Sally A. Cowling
Headteacher



Act justly, love kindness and walk humbly with God. Micah 6:8