Bishop Monkton C of E Primary School







Physical Education and Physical Activity Policy

September 2025 – 2028

Contents…

School's Vision for PE, Sport and Physical Activity

Intent, Implementation and Impact Statement

Foundation Stage

Key Stage 1

Key Stage 2

Safe Practice

Accident procedures/Equal opportunities/Inclusion

PE Lessons

PE Clothing

Cross curricular links/Lunchtime & playtime activities

Sports Crew

Extra-Curricular

Links with sporting organisations/Leadership and Management

PE Coordinator role

Physical Activity Policy - Introduction

School Rational/Ethos and Aims

Objectives

Equal opportunities/inclusion and facilities, equipment and resources

Safety and Risk assessment/out of school hours

After school clubs/competition/curriculum/planning

Cross curricular links/assessment/school staff

Training/staff physical activity engagement/partnership

Family engagement and evaluation

Policy Adopted

Bishop Monkton C of E Primary School

PE Policy

This policy was created June 2016, adapted in June 2018 and February 2022 and reviewed in September 2025, in consultation with staff, parents/carers and governors. It recognises how PE is an integral part of the process of education and plays an important role in the all-round development of each child. PE, along with sport and physical activity, can bring about whole school improvement through impacting on attendance, behaviour and pupil attainment. This is a vital part of ensuring good mental health and well-being for all.

Bishop Monkton believes that PE, experienced in a safe and supportive environment, is vital and unique in its contribution to a child's physical and emotional development of health. The physical education curriculum aims to provide for children increasing self-confidence through an ability to manage themselves successfully in a variety of situations; a balance of individual, team, cooperative and competitive activities to cater for individual children's needs and abilities. It also allows children to learn from losing and helps build camaraderie and sportsmanship.

Education Secretary, Gavin Williamson said:

"Primary schools can continue to prioritise children's physical well-being alongside education. Children's physical health has never been more important".

Lord Sebastian Coe said:

"It is really important that we promote competitive support in schools. It is very important that we recognise that has to be underpinned by good quality physical education and by getting people into patterns of exercise".

Vision

To provide all our children opportunities to experience, enjoy and excel in high quality PE and school sport incorporating a varied range of motivational activities which offer life-long learning through self-challenges and competition.

Intent, Implementation and Impact

Intent

Bishop Monkton C of E Primary School believes that Physical Education (PE) and Physical Activity (PA) experienced in a safe and supportive environment, is essential to ensure children attain the highest physical and emotional development and good health benefits for life to inspire children to lead active lives from an early age. We intend to deliver fun, high-quality teaching and inclusive learning opportunities that inspire all children to succeed in PE and in developing life skills. We want to teach children skills to keep them safe for example: being able to swim competently and be able to use water safety effectively. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding about fairness and equality of play for life-long value and good sportsmanship. We want the children to be able to reflect and improve their own skills and have a positive attitude towards PE and PA. Our curriculum aims to improve the wellbeing and fitness of all children at Bishop Monkton, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. We develop resilient learners who enjoy being challenged, learning new skills and finding ways to complete tasks they find difficult.

Implementation

- PE at Bishop Monkton School provides challenging and enjoyable learning experiences through a range of activities including: invasion games, net and wall games, strike and fielding games, gymnastics, dance, swimming and outdoor and adventure.
- The long-term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

- Pupils participate in two or three high quality PE lessons each week, covering two sporting disciplines every half term. Two hours minimum each week, 1 hour with the class teacher and 1 hour with a sports coach.
- Children are invited to attend a variety of competitive sporting events within the local cluster of schools, run by Sporting Influence. This is an inclusive programme of events which encourages not only physical development but also mental well-being. These events develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year a group of children from Y5 are invited to become sports crew for our school. They develop into sporting role models for the younger children, assisting with lunch/break-time clubs and other inter sporting activities.
- Children participate in taster sessions covering a variety of sports throughout the year. For example, karate and tennis, with an opportunity to develop their fitness and to try something new and to target less active children.
- Children in Y2/3 swim once a week for the whole school year.
- The "Daily Mile", to help meet the government target of all children being active for at least 60minutes a day. We achieve this through class competitions and joining in with events on the DailyMile website.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports either in school with inter or intra sporting competition. We equip our children with the necessary skills to help them in life and a life-long love of sport and physical activity. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge required through PE.

VISION Statement for PE

Our vision is for all pupils at Bishop Monkton School to experience excellent physical education, school sport and physical activity that will lead to life-long participation in a fun, learning environment.

Our PE curriculum aims to ensure that all children develop the fundamental skills and competence to excel in a wide range of physical activities by providing a broad and balanced curriculum with opportunities for all to be enjoyed either through inter or intra sporting activities throughout their school life.

Aims and Purposes

PE at Bishop Monkton offers opportunities for children to:

- ✓ Develop a positive attitude to participate in any physical activity
- ✓ Make informed decisions about the importance of exercise in their wider life during school, after school and into adulthood
- ✓ Become skilful and intelligent performers by acquiring and developing physical competence and confidence in a range of physical activities and contexts
- ✓ To build on personal characteristics like initiative, self-reliance and self-discipline
- ✓ Learn how to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking
- ✓ To introduce a wider variety of sports to all children and to seek use of experts whenever the opportunity arises
- ✓ ALL children from reception to year 6 will receive a minimum of two hours of PE each week
- ✓ Provide opportunities for all children to participate in all activities at their own level whilst extending their skills and knowledge to achieve their potential through the Complete PE programme and with opportunities with our sports coaches.
- ✓ To promote positive attitudes towards health, hygiene and fitness
- ✓ Become a good sports person, who plays fairly and can develop a team spirit and take part in competitions through cluster events and inter and intra school competitions
- ✓ To develop communication skills encouraging the use of correct terminology.

- ✓ To promote swimming in Year 2 so that children are given the opportunity to swim 25metres and learn appropriate life-saving skills as required by the National Curriculum. The last term (summer) will be to identify any Y6 children that have not achieved this
- ✓ Provide stimulating and challenging opportunities that help to promote physical development such as cardio-vascular health, flexibility, muscular strength and endurance
  Outcomes: Skill acquisition, skill application, movement appreciation, knowledge and understanding, health/fitness principles, awareness of safety, competition, challenges, problem solving, respect, responsibility, communication skills, rules how to officiate, enjoyment, self-control, honesty, sense of achievement/well-being, language terminology, leadership, creativity, tolerance and self-esteem

Foundation Stage

Physical skills and development are provided through the continuous outdoor provision. Children are able to develop and refine their gross motor skills through:

- Balls, bats and hoops
- Bikes and scooters
- Planks/barrels
- Use of the woodland area/front playground with agility trail and backfield

These are rotated throughout the week to ensure all skills are mastered. PE lessons fall into two categories:-

Taught sessions

Teachers in the Foundation Stage use Complete PE to deliver their PE lessons. Lessons follow the same structure as further up the school and children are taught the skills and movement needed and the skill of evaluation of others and individual assessment. They also make use of the outdoor space to encourage physical activity outdoors.

Continuous provision

The skills and knowledge gained through the taught lessons are applied in outdoor provision in which children have access to various PE equipment. These are used independently on a daily basis. Physical development in the Foundation Stage also includes both fine and gross motor skills.

Key Stage 1

Children are required to follow a curriculum in which they develop a range of skills becoming increasingly competent and confident and access a broad range of opportunities to extend agility, balance and coordination, individually and with others. They should engage in competitive (both against self and against others) and cooperative physical activities, in a range of increasingly challenging situations:-

- Agility, balance and coordination through the Complete PE programme
- These skills are taught through, dance, games and gymnastics
- Dance also includes – performing, appreciation and evaluation
- Master basic movements such as running, jumping, throwing and catching and begin to apply these in range of activities
- Participate in team games developing simple tactics for attacking and defending

Key Stage 2

Whilst following a PE Curriculum, the children are applying the skills they have learnt in a variety of different contexts and continue to implement and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- Team games, fielding, attacking and defending. Play cooperative games, modified, where appropriate, such as basketball, cricket, football, hockey, netball, rounders', tennis and apply basic principles, using sport's governing body websites.
- Use running, jumping, catching and throwing in isolation and in combination.
- Take part in outdoor and adventurous activity challenges both individually and within a team. Year 3 and Year 4 go to Robinwood and Y6 to go East Barnby
- Dance – performing, appreciation and evaluation with a range of movement pattern
- Gymnastics – flexibility, strength, technique, control and balance, floor, body management
- Swimming/water safety – Y2 are timetabled and swimming is taught for the school year. They should be taught to swim competently, confidently and proficiently over a distance of at least 25metres, use a range of strokes effectively such as front crawl, back stroke and breast stroke and perform safe self-rescue in different water based situations.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best

Safe Practice

In all areas of PE safety guidelines should be strictly adhered to in order to promote safe practice and fulfil the safety requirements of the National Curriculum. We follow the safety guidelines, "Safe Practice in Physical Education, School Sport and Physical Activity", guidance provided by the Association for Physical Education (New Edition 2020). A copy of which is kept in school.

Children are taught to recognise and take some responsibility for their own safety and are taught to recognise and be aware of hazards that are present from an early age. Children change for PE prior to their lesson starting- for reception and year 1 children this is part of their physical development for health and self-care as part of the Early Years Foundation Stage.

Accident Procedure

For school based activities staff should follow the guidelines in the Health and Safety Policy. For offsite activities, staff must familiarise themselves with the risk assessment that is provided. For swimming lessons, all staff should familiarise themselves with pool procedures, e.g. the fire and drown alarms and there should be half termly practices involving the children at the pool.

At school we ensure the safety of all children and staff through the following code of practice:-

- ✓ Safe storage of all equipment – all equipment to be stored safely and tidily in its appropriate place after use, so easy access and availability are ready for the next group. Some equipment is stored in the PE store located in the hall and some is located in the locked outside storage area
- ✓ Annual safety equipment checked by a recognised maintenance contractor which at present is carried out by SportsSafe, especially gym equipment like the ropes and wall bars
- ✓ Equipment to be checked at the beginning and end of use. All unsafe, damaged or lost equipment must be reported to the Sports Coordinator. Prior to PE lessons starting the teacher needs to ensure the equipment is suitable and safe for use
- ✓ A named person responsible for Health and Safety – Sarah Worthington
- ✓ Named First Aiders within the school – Sally Cowling, Sarah Worthington and Emma Roberts
- ✓ Knowledge of the environment in which learning is taking place – check areas for hazards before any activity takes place
- ✓ Risk Assessments are carried out by school staff for each area of PE
- ✓ Pupils should be taught how to use equipment appropriately and safely and how to carry any apparatus safely and effectively

Equal Opportunities

Working towards equal opportunities requires that teachers should treat all children as individuals with their own abilities and needs, as stated in the schools inclusion policy. Children will have their own individual gifts to contribute, which can be used to enrich the experience of others.

The overriding aim should always be to create an environment in which, from the earliest age, children and their teachers learn to respect each other. The PE curriculum should enable all children to benefit. There will be no barriers to access or opportunity based on race, sex, religion, ethnic group, culture or ability. Consideration will be given to those with special educational needs, whether they have disabilities or a particular talent.

PE Lessons

Teachers, teaching assistants (that teach PE) and sports coaches should ensure that:-

- ✓ High expectation of communication, enthusiasm and passion about PE to the children and act as a good role model
- ✓ All lessons are inclusive
- ✓ Lessons are conducted in a secure, supportive and disciplined manner that demonstrates mutual respect
- ✓ Children should learn the rules, etiquette, laws and codes of various activities
- ✓ Lessons should have a learning objective
- ✓ Lessons can be differentiated to ensure progress for all learners, especially if working with two age groups or across key stages
- ✓ Follow the PE curriculum plan
- ✓ Children are assessed using the assessment grid
- ✓ Be responsible for the planning and teaching of PE as set out in this policy

The children should:-

- ✓ Have an opportunity to work independently, in pairs, small groups or large teams
- ✓ Evaluate one's own work and the work of others in a positive way
- ✓ Have an opportunity to try new sports
- ✓ Follow verbal instructions accurately
- ✓ Follow safety expectations set out. Safety is further enhanced by emphasis on the following:-
    - Need to wear the correct clothes/equipment
    - Removal of jewellery
    - Need to follow rules
    - How to lift, carry, move and place heavy equipment

PE Clothing

It is important that children understand the need to change into different clothes to exercise. They should bring their PE kits to school on their PE days, however, children in Reception and Year 1 need to bring their PE kits at the beginning of each half term and left in school to ensure they have their PE kit in school at all times. It should be in an appropriate PE bag, with everything inside clearly named. PE kit consists of:-

- Black or blue shorts
- House coloured t-shirt
- Trainers – NO Pumps/Plimsolls – if shoe laced trainers – please assist your child in learning how to tie them as it is not possible for the teacher in charge to be tying up to 30 pairs of trainers.
- Black or blue plain tracksuit for outdoor PE lessons
- In gymnastics or dance, bare feet
- If playing sport like football/hockey – shin pads are advisable. For hockey a mouth guard can also be worn – as guidance from the governing bodies of these sports.
- Water bottle

Swimming - full swimming costumes (no bikinis), trunks (not shorts) swimming hats must be worn, goggles are advisable

Jewellery – should NOT be worn. If ears are pierced, these should be removed before school on a PE day, earrings cannot be taped.

Staff are not allowed to take out earrings nor are they responsible for items of jewellery.

Hair – ALL long hair should be tied back or pushed away from the face using a band/hair bands at all times for safety reasons.

Staff – it is expected that teachers change for PE, for the safe delivery of a PE lesson. This should include suitable footwear. If possible, jewellery should be removed to set a good example to the children.

Cross Curricular Links

- ✓ Science – health and fitness, the body and how it works, healthy eating
- ✓ Maths – speed, distance, time, measuring, recording and data handling
- ✓ Problem solving – through an open-ended approach in Outdoor Adventurous Activities and team games, pupils, will develop their ability to find ways of answering questions
- ✓ English – speaking and listening, subject specific vocabulary, communicating ideas through movement
- ✓ Personal and Social – pupils interacting with each other and in a group situation will promote personal and social skills. They will also be promoted by cooperation, tolerance, respect of the individual and group, self-respect and self-discipline
- ✓ Preparation for Citizenship – by giving information on and introduction to clubs and associations, pupils are made aware of groups outside the school and home environments
- ✓ Music – tempo and rhythm
- ✓ ICT – use of stop watched, digital camera, digital video, use of the internet for researching sporting events
- ✓ History – Dances relating to a historical period
- ✓ PSHE – Health and wellbeing

Lunchtime/Playtime Activities

At Bishop Monkton School we provide opportunities for all children to take part in directed and non-directed tasks during lunchtime breaks. These activities range from hockey, cricket, football, skipping and general playground (wheeled toys/swing balls) equipment for individual games/free choice play.

Sports Crew/Sports Leaders

Year 5 and 6 children will be trained up to take on the leadership role at lunchtimes. These children work with younger children in developing games and providing a positive role model. They ensure that the equipment is put away at the end of each day.

Extra-curricular activities

Teacher/sports coach led extra-curricular clubs include dance, gymnastics, athletics, netball and football. All children will therefore have an opportunity to take part in a sporting club at some point during the school year. These are provided to broaden the children's experience and to take part in competitive sports. Pupils are provided with information about local clubs.

Links with Sporting Organisations

We have close links with the Bishop Monkton village who provide facilities for karate, cricket, cross country, tennis, bowls and croquet.

Leadership and Management Roles

The Governors will know about current projected expenditure of the Sport Premium funding on the school website and will scrutinise current and projected expenditure with the Head Teacher and understand the impact the grant is expected to make.

PE Coordinator Role

A named person is appointed to take the lead in overseeing all aspects of PE in school in line with school policy.

- ✓ Provide teaching staff with a curriculum to follow
- ✓ Provide an audit of provision in school and a development plan
- ✓ Provide staff with links to curriculum development
- ✓ Liaise with sporting organisations that works with our school
- ✓ Provide a timetable of sporting opportunities throughout the school year
- ✓ Provide links with parents/carers in the form of updated web site information on the school website, schools closed Facebook page and through sharing assemblies
- ✓ Provide a structure of how sports funding will be used at Bishop Monkton School to have a sustainable impact upon the attainment and achievement of all children
- ✓ Provide a display area for children, staff and parents/carers to inform everyone of sporting achievements or events and ensure PE keeps a high profile within school
- ✓ Ensure that PE resources are available and appropriate to the needs of the staff and children
- ✓ Audit resources annually and take overall responsibility for equipment and resources
- ✓ To ensure any sport is recognised in the weekly Time to Celebrate assembly
- ✓ Responsible for developing, improving and monitoring the policy to ensure it is fit for purpose
- ✓ Ensure regular updates to the Head Teacher and Governing Body on updates to PE
- ✓ Monitor the teaching and learning of PE within the school
- ✓ Establish a sports crew/sports leaders where pupils can discuss and plan PE and sport activities
- ✓ Contact local sports clubs to establish community links with the school

PE Coordinator Lead – Miss Kathryn Pickles

Physical Activity Policy

Introduction

Physical activity is essential for good health and contributes to positive well-being. Many of the leading causes of disease in today's society are associated with physical inactivity. Physical activity during the early years and childhood are strong indicators of future behaviours including emotional attainment, health and happiness. Simple games during early childhood help to improve confidence and instil a sense of achievement. Sedentary behaviour can lead to an increase in social and emotional health concerns.

As much active play as possible in children under 5 is encouraged, and older children are recommended to be active for an average of 60 minutes a day across the whole week. Physical activity is an under-appreciated asset in our clinical arsenal. It is cheap and brings a long list of health benefits. Regular physical activity provides a range of physical and mental health benefits. These include reducing the risk of disease, managing existing conditions and developing and maintaining physical and mental function.

School Rational and Ethos

At Bishop Monkton Primary we are committed to promoting the health, mental health and well-being of all its children and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at Bishop Monkton School and is overseen by the head teacher and appointed governor.

We strive to maximise opportunities for pupils and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

The physical activity policy also relates to the following key documents; Physical Education Policy, PE vision and School Development Plan.

Aims

At Bishop Monkton we aim to ensure that all aspects of the physical activity in school are promoted for the health and well-being of children, staff and visitors. To lay the foundations for a healthy, active lifestyle through fun and enjoyment of sport.

Objectives

Our specific objectives are as follows:

1. To enable children and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes thus ensuring that they have a healthy and fulfilled life, now and in the future:-
   - Annual National Sports Weeks to include health and well-being
   - Healthy school dinners
   - Walk to school week
   - Y6 Bikeability
   - Curriculum – PHSE, Science, Maths, Geography
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day:-
   - Out of school hours clubs offering a range of activities
   - Groups that target specific individuals, for example, groups that help develop confidence or tackle obesity
   - Children and staff to feel enjoyment and success through physical activity
3. To increase physical activity levels of pupils in line with national targets

Equal Opportunities

All physical activity opportunities offered at Bishop Monkton School are designed to be inclusive, and cater for different ability levels.

Facility, equipment and resources

Bishop Monkton School has a school hall, which is equipped with portable and fixed apparatus for gymnastics, a music centre and projector to support the teaching of dance. For the teaching of games, there is a large playground and locked gate access to the school. The school playground also houses the playtime storage unit where a range of additional resources can be found to make playtimes more active and an all-weather area with an agility trail. The school also has a large, enclosed back field.

At Bishop Monkton School, we work closely with the community to form good links that allow us to access opportunities that would not otherwise be readily available, for example the village playing field for cross country and sports day. Children in year 2 visit the local swimming pool which allows them to participate in weekly swimming lessons for the school year.

An annual audit of all physical education equipment is conducted by the PE Coordinator/Sports Coach in order to prioritise any necessary expenditure for the year. Resources for games, dance and outdoor activities can be found in the PE Store located in the school hall and the PE container. A full list of PE equipment is available to all staff.

Safety and Risk Assessment

First aid is provided for staff throughout the school and paediatric first aid for all staff in KS1. Risk Assessments are carried out prior to any out of school event, or around the local area.

Out of School Hours Learning

Children are encouraged to throw, skip, catch, jump and send and receive at play. All children have access to playground equipment, on a rotation, weather permitting at playtimes. All children have access to play/games activities that are delivered by Sports Crew/Sports Leaders at lunch and break times.

After School Clubs

We aim to encourage all Key Stage 2 children to take part in an after school club, and involve them in deciding the clubs we put on offer. Registers of clubs are kept by the PE coordinator to identify those who do not take part in extra, regular exercise. Football, netball, dance and athletics are put on offer each year to prepare children for competitions, however these clubs are offered in order to give children a range of experiences.

Competition

Children take place in a range of intra-school and inter-school competitions organised through the Harrogate School Sports Partnership in KS1 and KS2. At Bishop Monkton we regularly update our sporting success on the schools website and social media. For up to date information visit: http://bishopmonkton.n-yorks.sch.uk/school-sport/

Curriculum

The PE programme at Bishop Monkton is delivered by the class teacher/Higher Level Teaching Assistant (HLTA) or Sports Coach. Each class is timetabled 2 x PE lessons per week. Both PE lesson follows the Complete PE programme. In year 2 during the year, one of the lessons will be swimming. The class teacher is responsible for ensuring that their children receive the recommended amount of physical time i.e. 2 hours per week.

Planning

All teaching staff are trained to deliver the Complete PE Scheme of Work. The scheme of work offers comprehensive lesson plans from Reception to Year 6 and concentrates on the development of Agility, Balance and Coordination. All the resources that are needed to deliver the scheme are kept with the class teacher and found in the relevant classroom. It is the intention that the Complete PE resource will support teachers in the delivery of key skills and the second session of PE, therefore ensuring high quality PE lessons.

Cross Curricular Links

Whilst retaining its unique contribution to the children's movement education, physical education also has considerable potential to contribute to much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupil's communication, maths, PHSE and ICT skills.

Assessment

Teachers use the Complete PE Assessment tool and teacher judgements to track the children's progress and assessment grid is completed by the Sports Coach after each block of sports specific coaching.

School Staff

At Bishop Monkton School we are proud of the team approach that we take to the development of Physical Education and Activity. The strategic lead to the team is the Head Teacher.

Training

All staff who teach PE received training on the Complete PE Scheme of Work. All staff should take part in professional development to ensure secure subject knowledge, awareness of health and safety procedures and up to date knowledge. Staff should be comfortable and competent in the area of activity being taught. Staff should indicate where they feel they need support so that appropriate support can be given by either the PE coordinator or through INSET training. Staff who attend any CPD training must provide feedback on this to all staff. Any training opportunities are discussed at staff meetings.

Staff Physical Activity Engagement

Staff in Bishop Monkton School aspire to be positive role models for our children. We aim to take part in physical activity whenever possible e.g. racing with the children on sports day. During lunchtime/playtimes staff sometimes play games with children and demonstrate physical activity during PE lessons.

Partnership

The school is part of the Harrogate School Sports Partnership and the village cluster of schools. We have developed a close link with Ripon Spa Baths, Claro Orienteering Club, Staveley Cricket Club, Burton Leonard Bullets (Football) and Harrogate School of Gymnastics.

Family Engagement

At Bishop Monkton School we share information about physical activity with families on our school website, social media page, weekly parental email and school newsletter. We also use events such as parents/carers evenings and parents/carers questionnaires to gain information and opinions from our families. At the beginning of each year a sporting calendar is sent out to all families with as much information as possible about all the sporting activities taking place. A yearly 2km/10km race is organised by parents for children and adults to take part in, promoting the enjoyment of exercise.

Evaluation

The physical activity policy coordinator supported by the staff will have the responsibility for the monitoring of physical activity in the school. Measures will be used to evaluate impact of the policy in line with the above mentioned objectives including participating data collected as part of the School Games requirement and School Games Health Check.

This Physical Activity Policy was formally reviewed and adopted by Bishop Monkton Primary School in February 2022.

Chair of Governors: Mrs Ashlea Costelloe

Head Teacher: Mrs Sally Cowling

Reviewed: September 2025

Next Review Date: September 2028